

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK ONE

30/10/2023  
20/11/2023  
11/12/2023  
15/01/2024  
05/02/2024  
04/03/2024  
25/03/2024

|            |   |   |   |  |   |
|------------|---|---|---|--|---|
| Option one | Cheese and Tomato Pizza with Pasta Salad    | A choice of Burger (Beef & Bean or Vegan) with Toppings and Potato Wedges | Roast of the Day, Stuffing Roast Potatoes & Gravy | Spaghetti Bolognaise with Garlic Bread | Fishfingers with Chips & Tomato Sauce       |
| Option two | <b>NEW</b> Chef Mariam's Vegetable Couscous |   | Veg Wellington, Stuffing, Roast Potatoes & Gravy  | Veggie Bolognaise with Garlic Bread    | Cheesy Bean Pasty with Chips & Tomato Sauce |
| Vegetables | Vegetables of the Day                       | Vegetables of the Day   | Vegetables of the Day                             | Vegetables of the Day                  | Vegetables of the Day                       |
| Dessert    | Lemon Drizzle                               | Fruit Jelly with Mandarins  | Freshly Chopped Fruit Medley                      | <b>NEW</b> Jam and Coconut Sponge      | Oaty Cookie                                 |

### WEEK TWO

06/11/2023  
27/11/2023  
18/12/2023  
22/01/2024  
19/02/2024  
11/03/2024

|            |                                |                                 |   |   |   |
|------------|--------------------------------|---------------------------------|---|---|---|
| Option one | Tomato Pasta                   | Sausage Roll with Potato Wedges | <b>CHICKEN SHACK</b>  | Chef Shilpa's Chicken Korma with Rice       | Fishfingers with Chips & Tomato Sauce     |
| Option two | Cheesy Swirl with New Potatoes | <b>NEW</b> Loaded Jackets       | A choice of BBQ or Lemon & Herb Chicken or Vegan Quorn, with Seasoned Potatoes and Salads | Veggie Meatballs in Tomato Sauce with Rice  | Cheesy Omelette with Chips & Tomato Sauce |
| Vegetables | Vegetables of the Day          | Vegetables of the Day           | Vegetables of the Day   | Vegetables of the Day                       | Vegetables of the Day                     |
| Dessert    | <b>NEW</b> Carrot Cake         | Apple Crumble with Custard      | Fruit Medley  | Chocolate Drizzle Cake with Chocolate Sauce | Vanilla Shortbread                        |

### WEEK THREE

13/11/2023  
04/12/2023  
08/01/2024  
29/01/2024  
26/02/2024  
18/03/2024

|            |  |                                    |   |                                     |  |
|------------|--|------------------------------------|---|-------------------------------------|--|
| Option one | <b>NEW</b> A choice of Tomato or Carbonara Pasta with Toppings   THE PASTA KITCHEN | Mexican Beef with Rice             | Sausages, Onions and Gravy with Roast Potatoes        | Chicken Pie with Mashed Potatoes    | Fishfingers or Salmon Fishcake with Chips & Tomato Sauce |
| Option two |  | Vegetable Fajitas with Rice        | Veggie Sausages, Onions and Gravy with Roast Potatoes | Macaroni Cheese                     | BBQ Quorn Fillet with Chips                              |
| Vegetables | Vegetables of the Day  | Vegetables of the Day              | Vegetables of the Day                                 | Vegetables of the Day               | Vegetables of the Day                                    |
| Dessert    | Iced Sponge  | <b>NEW</b> Chocolate Orange Cookie | Fruit Platter   | Peach Upside Down Cake with Custard | <b>NEW</b> Melting Moment Biscuit                        |

### MENU KEY

Added Plant Power Wholemeal Vegan Chef's Special

**Available Daily:** - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily - Daily salad selection

#### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

## WEEK ONE

|            | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|------------|---|---|---|---|--|
| Option one | <b>V231</b> Cheese and Tomato Pizza with <b>SB9</b> Pasta Salad | <b>BB1</b> Beef & Bean Burger or <b>V236</b> Vegan Burger in a <b>SD17</b> Bun with a choice of Toppings ( <b>See concept guide for toppings: BB5-BB22</b> ) and <b>SD6</b> Potato Wedges | Roast of the Day, <b>SD40</b> Stuffing <b>SD82</b> Roast Potatoes & <b>SD118</b> Gravy            | <b>SD8</b> Spaghetti <b>B48</b> Bolognaise with <b>SD50</b> Garlic Bread          | <b>F6</b> Fishfingers with <b>SD5</b> Chips & <b>SD14</b> Tomato Sauce         |
| Option two | <b>V235</b> Chef Mariam's Vegetable Couscous                    |   | <b>V232</b> Veg Wellington, <b>SD40</b> Stuffing, <b>SD82</b> Roast Potatoes & <b>SD118</b> Gravy | Veggie <b>SD8</b> Spaghetti <b>V233</b> Bolognaise w ith <b>SD50</b> Garlic Bread | <b>V191</b> Cheesy Bean Pasty with <b>SD5</b> Chips & <b>SD14</b> Tomato Sauce |
| Vegetables | Vegetables of the Day   | Vegetables of the Day   | Vegetables of the Day   | Vegetables of the Day   | Vegetables of the Day  |
| Dessert    | <b>D168</b> Lemon Drizzle                                       | <b>D235</b> Fruit Jelly with Mandarins  | <b>D223</b> Freshly Chopped Fruit Medley  | <b>D233</b> Jam and Coconut Sponge  | <b>D85</b> Oaty Cookie   |

## WEEK TWO

|            |  |   |   |  |   |
|------------|--|---|---|--|---|
| Option one | <b>V188</b> Tomato <b>SD11</b> Pasta                 | <b>P19</b> Sausage Roll with <b>SD6</b> Potato Wedges | <b>QB14</b> BBQ Chicken/ <b>V205</b> BBQ Quorn or <b>QB15</b> Lemon & Herb Chicken/ <b>QB10</b> Lemon & Herb Quorn, with <b>QB16</b> Seasoned Potatoes and a choice of Salads ( <b>See concept guide for salads QB2 QB3 QB4 QB5</b> ) | <b>C86</b> Chef Shilpa's Chicken Korma with <b>SD84</b> Rice                   | <b>F6</b> Fishfingers with <b>SD5</b> Chips & <b>SD14</b> Tomato Sauce      |
| Option two | <b>V27</b> Cheesy Swirl with <b>SD2</b> New Potatoes | <b>V234</b> Loaded Jackets                            |   | <b>V237</b> Veggie Meatballs in <b>V225</b> Tomato Sauce with <b>SD84</b> Rice | <b>V24</b> Cheese Omelette with <b>SD5</b> Chips & <b>SD14</b> Tomato Sauce |
| Vegetables | Vegetables of the Day                                | Vegetables of the Day                                 | Vegetables of the Day   | Vegetables of the Day  | Vegetables of the Day   |
| Dessert    | <b>D234</b> Carrot Cake                              | <b>D242</b> Apple Crumble with <b>D2</b> Custard      | <b>D224</b> Fruit Medley  | <b>D198</b> Chocolate Drizzle Cake with <b>D3</b> Chocolate Sauce              | <b>D57</b> Vanilla Shortbread   |

## WEEK THREE

|            |   |   |   |   |  |
|------------|---|---|---|---|--|
| Option one | A choice of <b>V225</b> Tomato Pasta, <b>PK1</b> Creamy Tomato Pasta or <b>PK2</b> Carbonara Pasta with a choice of Toppings ( <b>See concept guide for toppings PK3 PK4 V85 V216</b> ) | <b>B49</b> Mexican Beef with <b>SD84</b> Rice       | <b>P3/C6</b> Sausages, <b>SD116</b> Onions and <b>SD118</b> Gravy with <b>SD82</b> Roast Potatoes       | <b>C59</b> Chicken Pie with <b>SD1</b> Mashed Potatoes    | <b>F6/F29</b> Fishfingers/ Salmon Fishcakes with <b>SD5</b> Chips & <b>SD14</b> Tomato Sauce |
| Option two |   | <b>V211</b> Vegetable Fajitas with <b>SD84</b> Rice | <b>V238</b> Veggie Sausages, <b>SD116</b> Onions and <b>SD118</b> Gravy with <b>SD82</b> Roast Potatoes | <b>V11</b> Macaroni Cheese                                | <b>V205</b> BBQ Quorn Fillet with <b>SD5</b> Chips   |
| Vegetables | Vegetables of the Day   | Vegetables of the Day                               | Vegetables of the Day   | Vegetables of the Day                                     | Vegetables of the Day  |
| Dessert    | <b>D177</b> Iced Sponge   | <b>D230</b> Chocolate Orange Cookie                 | <b>D225</b> Fruit Platter   | <b>D176</b> Peach Upside Down Cake with <b>D2</b> Custard | <b>D231</b> Melting Moment Biscuit   |

### MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

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