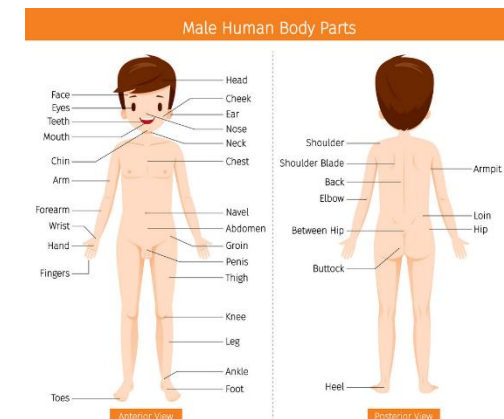
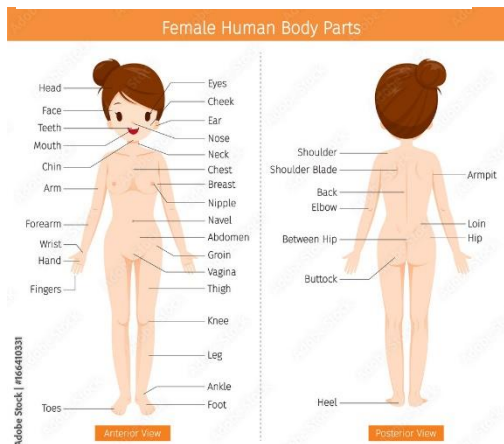


Relationships and Sex Education - Year 1



Key Knowledge

Prior	<ul style="list-style-type: none"> • be able to use a range of words to describe their own appearance. • be able to describe ways their body has changed since they were a baby. • be able to talk positively about some of their body's capabilities. • be able to name a sex specific body part using scientific vocabulary. • be able to wash their hands at school. • be able to explain when they might need help to take care of themselves. • be able to talk about ways people in families look after each other. • be able to describe a feeling they associate with growing up.
Current and suggested progression	<ul style="list-style-type: none"> • be able to recognise names for the main external parts of the body. • be able to name the sexual parts with growing confidence using colloquial and usually scientific words with trusted adults. • be able to describe what their bodies can do and understand how amazing their body is. • show some understanding that their body belongs to them. • be able to describe some basic personal hygiene routines and • understand how these can prevent the spread of disease.

Key vocabulary

Male	A man or a boy.
Female	A woman or a girl.
Penis	The part between a boy's legs used to urinate.
Testicles	A small sack of skin that sits below the penis.
Vulva	The part between a girls legs, where there is also a hole where urine comes out.
Private parts	Parts of the body we keep covered.
Hygiene	Ways to keep our bodies clean and healthy.
Germs	Something that causes people to be ill.