

## SEND Newsletter Spring Term 2022

At Gamlingay Village Primary School:

We are an **Inclusive Learning Community** with high **Aspirations**.  
We pride ourselves in being **Respectful, Reflective, Caring** and **Creative**.  
We strive to develop our **Resilience** and **Responsibilities**.

### SEND Team Update:

As communicated before Christmas, Mrs Blyth, our longstanding SENDCo has stepped down from this role. We would like to thank her for her dedication, contribution and support she has given to our children and families throughout this time.

Ms Emily Matthews - SENDCo



Having taught at GVP for many years, I am now the designated SENDCo. I have a passion for supporting children with SEND through working with children, families,

school staff and external services to try and ensure that every SEND pupil at GVP receive the best possible education and reach their full potential.

Mrs Elaine Dellar – SEND and Family Support



I have worked at GVP for 15 years in a range of roles. I hold a Level 4 Certificate in Supporting the Learning of

Learners with SEND. I am committed to supporting children and families at GVP with SEND and whom are in need of additional support at home so that our children grow to be happy, content and successful.

Welcome to our first ever termly SEND newsletter! A newsletter to address all things related to SEND (Special Educational Needs and Disabilities). In this issue, find out about recent developments in SEND at Gamlingay Village Primary School along with some information and videos to support with children's emotional wellbeing and mental health.

CHUMS and CAMH have now become



#### What is YOUNITED?

YOUNITED offers help to children and young people with their emotional wellbeing and mental health.

#### What can YOUNITED offer?

YOUNITED offers a range of support including therapies, counselling and guided self-help.

#### How do we access YOUNITED?

Referrals can be made to YOUNITED by a GP or any professional working with children and young people.

#### What does the referral process involve?

Detailed information will need to be shared about the child's difficulties and the strategies that have already been used to offer support.

#### What happens next?

All referrals are then triaged and assessed by specialist staff at YOUNITED. They will work with the family and child and, if required decide on the best pathway to support the child's needs.

Further information can be found here: [Search | CPFT NHS Trust](#)

## Support videos:

Young Minds Parent Lounge Videos:

[How to provide emotional support to your child | Advice from our Parents Helpline experts - YouTube](#)

[Responding to Anger in Children - Roundup | YoungMinds Parents Lounge - YouTube](#)

[Managing Anxiety in Children | YoungMinds Parents Lounge - YouTube](#)

## Useful Contacts and websites:

- PinPoint – for parents by parents [Parent Carer Support in Cambs from Pinpoint Cambridgeshire \(pinpoint-cambs.org.uk\)](#)
- If your child or young person is in a mental health crisis – 111, option 2 (CPFT’s First Response Service)
- Local offer: [Local Offer - Cambridgeshire County Council](#)
- Recommended digital support for children: [Digital help | CPFT NHS Trust](#)

## GVP SEND News: Learning Plans (also known as APDR/ Assess, Plan, Do Review)

### What is a learning plan?

A learning plan is an agreed document, involving assessments of a child’s needs, targets and the provision that will be provided to support the child in meeting these targets.

### Who will have a learning plan?

Every pupil on the SEND register, or those that are being monitored will have a learning plan.

### How will I know about my child’s learning plan?

Learning plans are created primarily by class teachers, with input from teaching assistants, the SEND team and external services and reports. Parent partnership is very important, learning plans will be shared and discussed with parents as part of the review and target setting process. Your views, comments and ideas are integral to this process.

### How often will my child have a new plan?

The timeline on learning plans differs slightly depending on the child’s needs and how quickly they meet their targets, or if there is a significant change that requires addressing. Learning plans will be reviewed at least termly. Your child’s class teacher will invite you to a meeting to discuss.

If you have concerns about your child and think that they may need to be considered as having Special Educational Needs or a Disability or you have questions or concerns about the provision your child is receiving, please ask to discuss this with their child’s class teacher.

**Having fun and talking together as a family can really help everyone's well-being. We have chosen our top 10 activities that you could do together.**

<p><b>Share your music</b> For some people music is how they connect with the world. If this is true for your child, try sharing some music together by creating a playlist. You may surprise each other with your choices and even introduce each other to something new.</p>	<p><b>Ready, set...bake</b> Baking is a great way to have fun together and there are so many easy, quick bakes to choose from. Keep it simple with</p>	<p><b>Take a walk</b> Take a short walk, whether it's through nearby countryside, to the shops or around the village, if possible, take the whole family.</p>	<p><b>The '5' things game</b> As easy one for you if you're on the move, challenge one another to name five things you can see, four things you can touch, three things you can hear, two things you can smell and one thing you can taste.</p>	<p><b>Boredom jar</b> Using an empty jar and pack of lolly sticks (pieces of paper work too), write on each stick an activity you and your child can do when they're bored. Activities could include watching their favourite film, baking, crafting, or spending time with you.</p>
<p><b>Sing it</b> From car singing to serenading the family in the kitchen, turn up your favourite tunes and sing along.</p>	<p><b>Put on your dancing shoes</b> If your child loves to dance, let their feet do the talking. Ask them to pick out their favourite song and dance like you mean it!</p>	<p><b>Indoor picnic</b> Lay out a blanket, pick out your family's favourite finger food and have a picnic in the comfort of home.</p>	<p><b>Build an indoor fort</b> Use blankets, bedsheets. Cushions, chairs, and fairy lights to create your own cosy little fort.</p>	<p><b>Crafting</b> Paint a plant pot, make a friendship bracelet, create a photo collage, or make a musical shaker.</p>